

BLOOD COLLECTION AT GALSTON MEDICAL CENTRE

It is important that you have seen the doctor and have a request form that has been provided by the doctors here at the surgery in order for the nursing staff to use the correct collection tubes

IF YOU HAVE HAD DIFFICULTY WITH BLOOD COLLECTION IN THE PAST, PLEASE ADVISE PRIOR TO MAKING YOUR APPOINTMENT

FASTING BLOODS

It is important you DO NOT eat for a minimum of 8hrs. The test is best done as early in the morning as possible – 1st appointment is 8.30am

It is important that you are well hydrated – please drink several glasses of water only before attending for collection.

It is ok to take your usual medications with water.

NON FASTING BLOODS

Can be booked at any time during the day.

Please ensure you are well hydrated prior to attending for your appointment.